**Personal Application Goals – Group activity**

**Leader’s instructions:**

This is a group activity to help teachers and students evaluate and develop great personal application goals. It works well as an activity following the iteenchallenge.org training course, “Helping Students with Personal Application Goals”.

**Set up:**

1. Divide the class into groups with 4 or 5 persons per group.
2. Copy one set of goals and one evaluation form for each group.
3. Cut the goals into individual pieces of paper with one goal on each piece of paper.
4. Distribute the 15 goals randomly to the people in the group.
5. Give one or two evaluation forms to each group.

**Instructions for the groups:**

1. It is understood that students in the program have written the goals.
2. Since we do not know the students, we will assume the goals are meaningful to them.
3. Take turns reading a goal aloud. Then discuss and evaluate whether the goal is good, bad or needs improvement.

**Wrap-up:**

After all groups have evaluated and discussed the 15 goals, discuss their results with the whole class.

You may ask for a show of hands which category they placed each goal in and why. You will find many different points of view, which can lead to some very good discussion.

**Note:** In this activity, we are calling some goals “bad” goals. When working with a student, we do not want to call it a bad goal, but we want to commend them for a good start and help them to develop a better goal.