**Self**

Esteem

**Student Goals**

Areas of Growth

Questions or Problems I am facing

Subjects I would like to study

**Major Theme**

Loving Yourself

**Minor Theme**

Accepting & loving yourself before you can learn to love & accept others

**Goals**

1. Look w/in yourself & find out why your feel the way you do about yourself

2. Discover who God wants you to be and come to peace & acceptance.

3. Student goals

4. Student goals

**Lessons & Bible Study**

Overcoming Low Self Esteem (2 pg f &b what you learned)

Make a list of 20 things you love about yourself

**Scripture Memorization Class**

Ps 139:13-14, Song of Solomon 4:7, Jere1:5

Include 3 SMC worksheets and tests

**Character Qualities**

Love, Contentment, Joyfulness

Include CQ Checklist

3 CQ worksheets/3 CQ tests

**Personal Reading**

Pearl Girls by Margret Mc Sweeney

Write 2 pg (f &b) Report

Do You Sometimes Feel Like a Nobody? By Tim Stafford/ISBN 0310329515

Write 2 pg (f &b) Report

**Bible Reading Class**

1 Corinthians

How can you apply this?

**Special Projects**

I Am Allowed to Love Myself

1 page report (f &b) how can you love yourself?

Eternally Loved

1 page report (f &b) how does God love you?

**Completion**

Report on how contract benefited student and how much they have grown